

# Your Elusive Creative Genius by Elizabeth Gilbert

## Introduction

Elizabeth Gilbert, the author of the best-selling memoir "Eat, Pray, Love" explores the concept of the elusive creative genius in her TED talk in 2009. In this inspiring and thought-provoking presentation, Gilbert challenges our perceptions of creativity and encourages us to embrace our unique creative processes. She shares her personal experiences as a writer and her struggles with the fear of creative failure and encourages us to embrace the idea that creativity is something that comes to us, not from us. She suggests that our creative genius is a force that we can access through dedication and hard work, but that we must also be willing to let go of the pressure to create something perfect.

## Reflection Questions

1. How do you define talent, skill, and creativity? Are they the same thing, or do they differ in some way?
2. Gilbert suggests that our creative genius is something that comes to us, not from us. How does this idea challenge our traditional beliefs about talent and skill?
3. How does the pressure to create something perfect impact our ability to be creative? Has this pressure ever hindered your own creative process?
4. Gilbert encourages us to have the courage to follow our creative passions. What are some steps you can take to pursue your creative passions, despite any fears or doubts you may have?
5. How can we balance the need to work hard and develop our creative skills with the need to let go of the pressure to create something perfect?



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